



Healthy granola

Delicia Acai and Protein Bar opens in former East End Providore spot

Gordon Knight

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EBENEZER Place has a fresh-faced new neighbour — Delicia Acai + Protein Bar.

The acai bowl specialists have opened their doors where East End Providore used to be.

“The spot ticked all of the boxes for us,” says Delicia managing director Scott Dempster.

“It’s bright, open ... and like an amazing little oasis smack in the middle of a concrete jungle. Our Ebenezer store has around 10 seats outside — the most outdoor seating of any of our stores.”

The store is just one of six new Delicias popping up across the state, with a new store now open in O’Halloran Hill and more set to open in Henley Beach (in the Pavilion), Mt Gambier, Murray Lakes and Medbury.

Gambier, Mawson Lakes and Moudury.

“We try, wherever possible, to use produce from small, family-owned businesses to help support the community — we all need to make a conscious effort to look after each

other,” says Scott, who recommends the Snickers Please bowl for a not-so-naughty sweet treat.

“It’s a nutty, chocolatey acai blend — without the sugar or dairy — topped with strawberry, coconut yoghurt, cacao nibs, coconut flakes and finished off with house-made nut butter,” he says.

24 Ebenezer Pl, city, [on Facebook](#)



📷 Scott Dempster of Delicia. Picture: Bianca De Marchi

